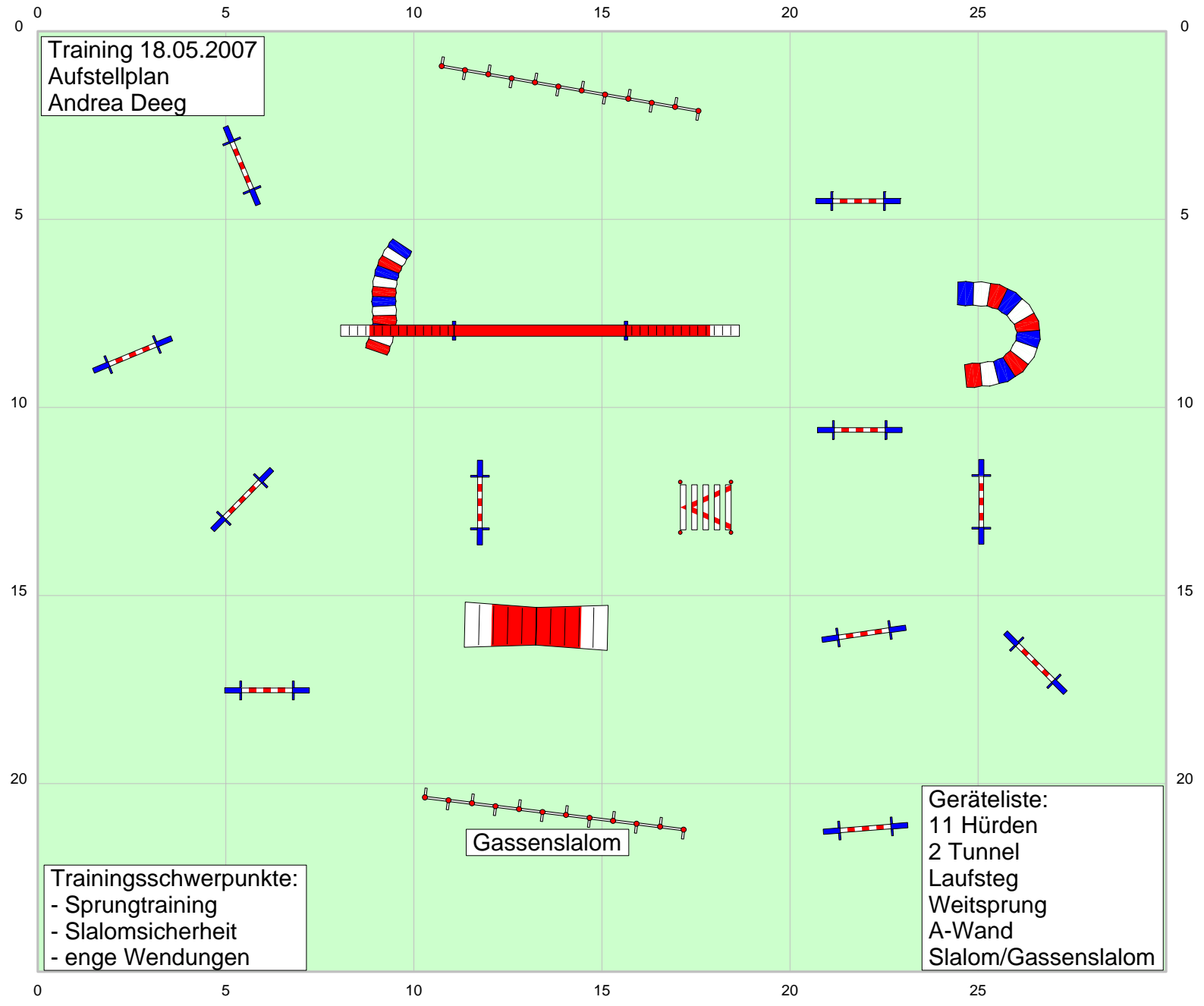


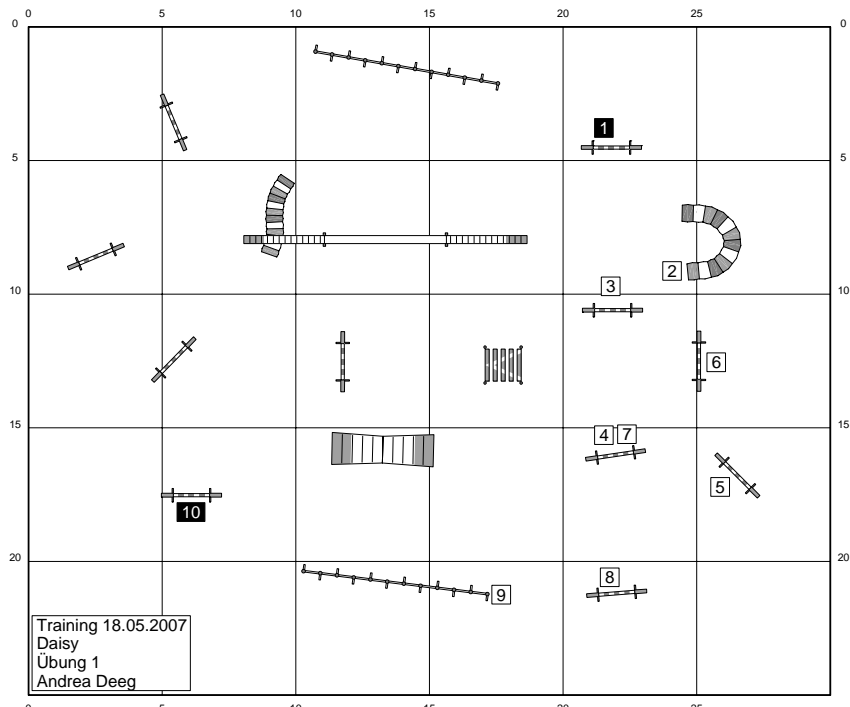
Training 18.05.2007
 Aufstellplan
 Andrea Deeg

Gassenslalom

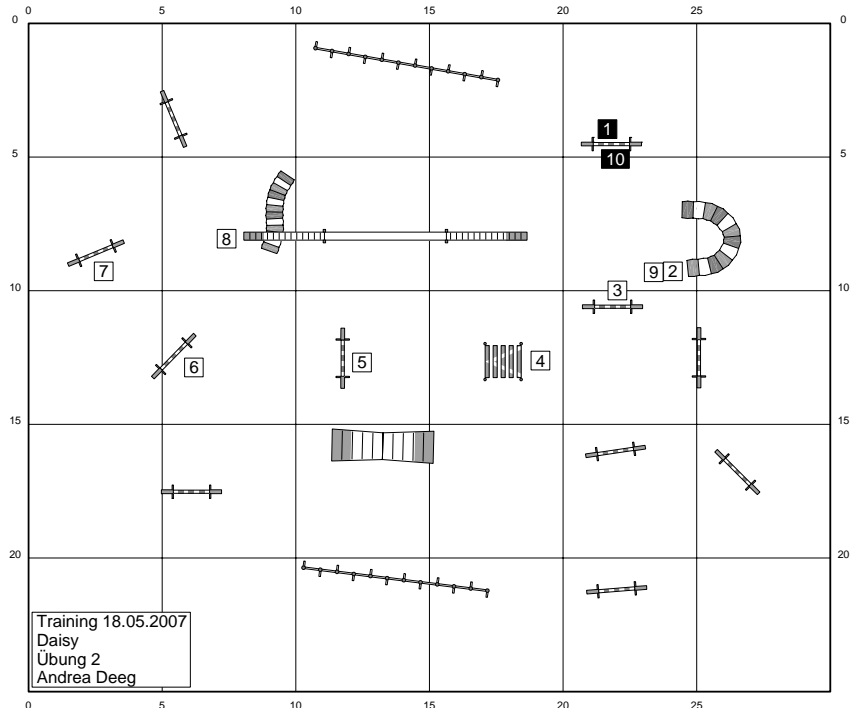
Geräteliste:
 11 Hürden
 2 Tunnel
 Laufsteg
 Weitsprung
 A-Wand
 Slalom/Gassenslalom

Trainingsschwerpunkte:
 - Sprungtraining
 - Slalomsicherheit
 - enge Wendungen

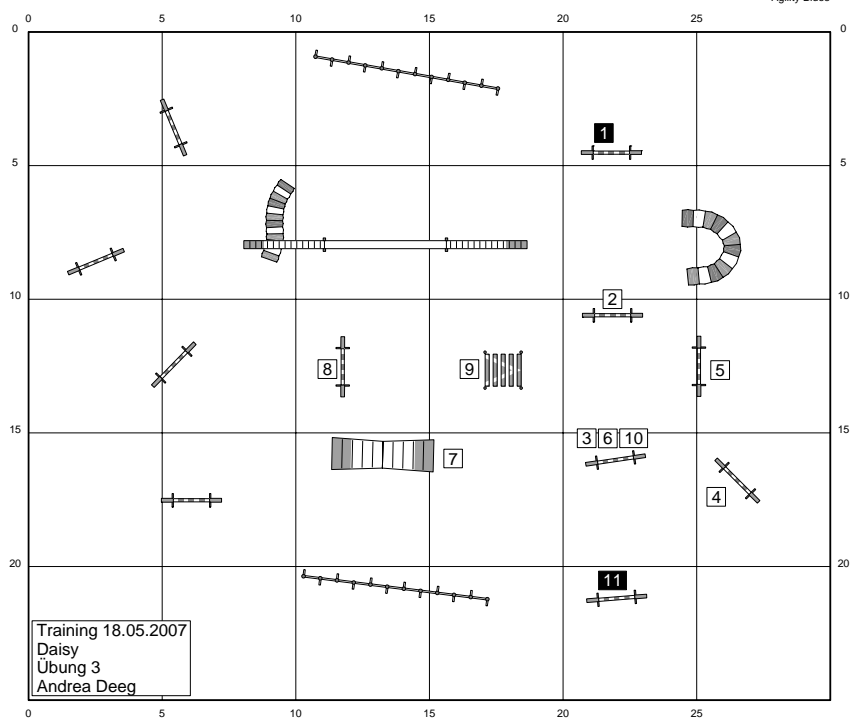




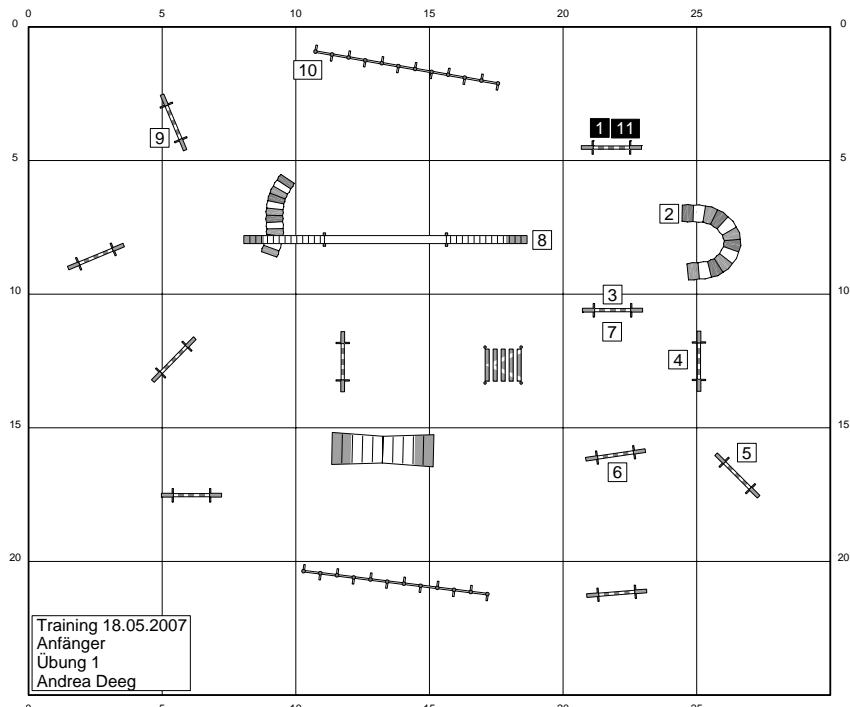
Agility Blues



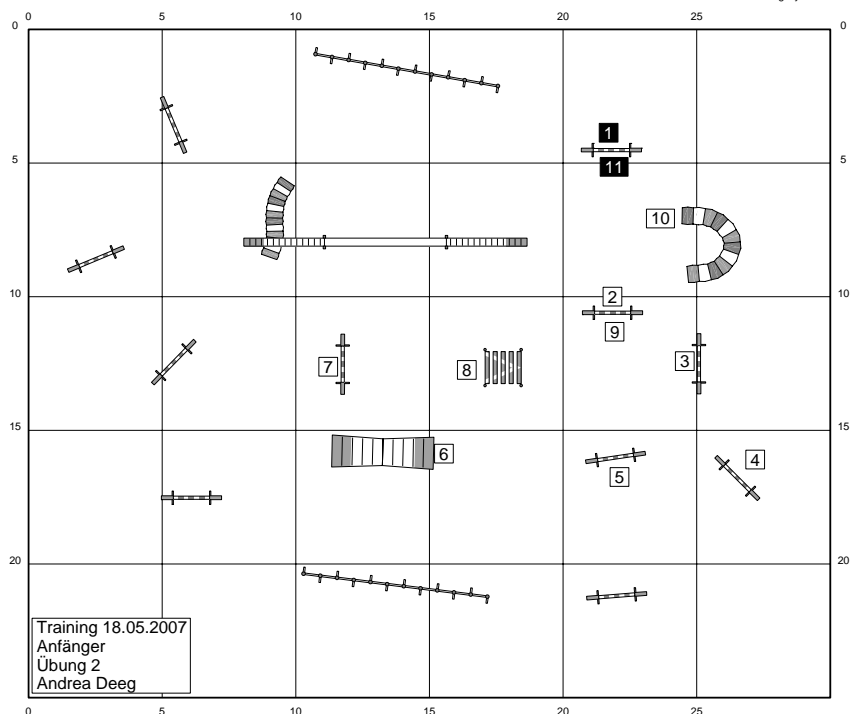
Agility Blues



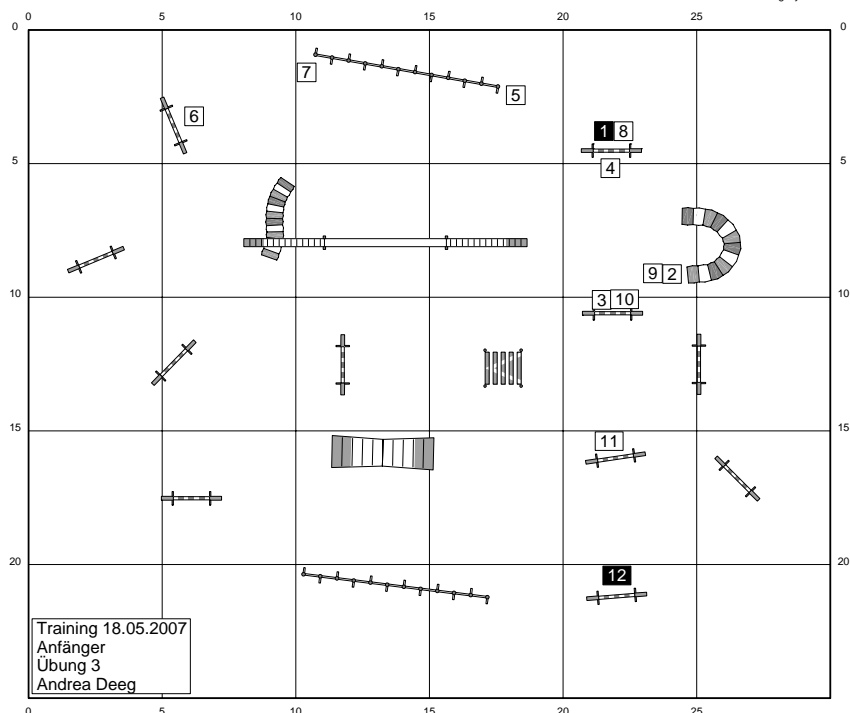
Agility Blues



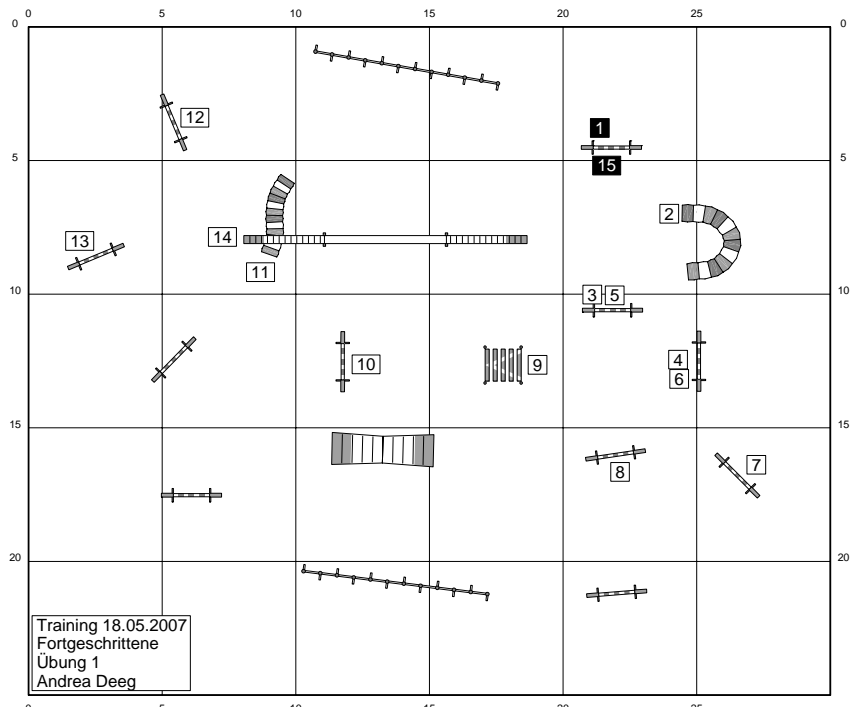
Agility Blues



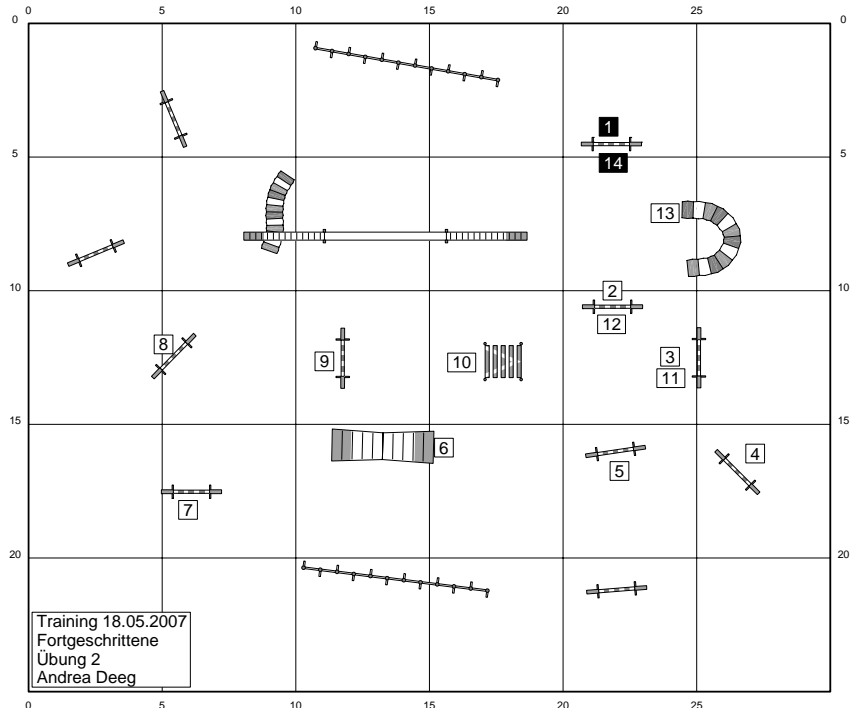
Agility Blues



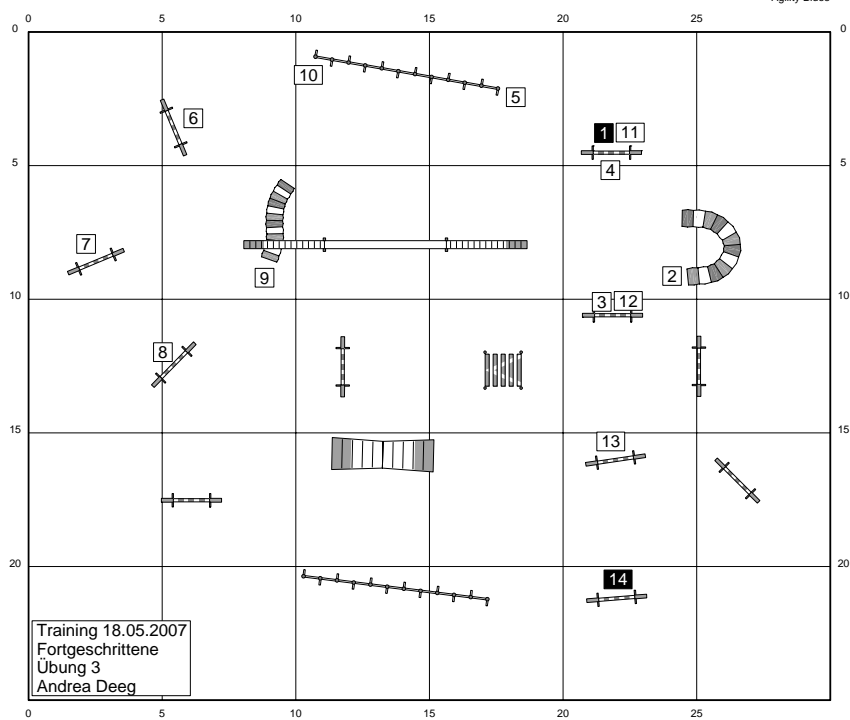
Agility Blues



Agility Blues



Agility Blues



Agility Blues